



Electroconvulsive Therapy (ECT) Authorization Request

To request authorization, fax the following to 330-656-2449 or 1-800-385-7085

Member Name: _____ DOB: _____ Member ID#: _____

Psychiatrist Name: _____ Tax ID: _____ NPI #: _____

Facility where ECT will be administered: _____ Number of requested units: _____

Diagnosis of a psychiatric condition amenable to ECT treatment: _____

Acute request: (check all that apply)

Pretreatment symptoms rated as severe Y____ N____

Patient has undergone medication review and clearance Y____ N____ Date of clearance: _____

Need for ECT, as indicated by 1 or more of the following: (if applicable)

- Catatonia
- High risk for suicide attempt
- Intractable manic excitement [C](21)
- Neuroleptic malignant syndrome (23)(24)
- Nutritional compromise
- Pharmacotherapy not preferred due to risk of adverse effects (i.e, pregnant or elderly patients)
- Unremitting self-injury

Inadequate response to pharmacotherapy despite ALL of the following (required):

- Adequate duration and dosage
- Documented adherence
- Trials from 2 or more classes of medications with adjuvants

Extension request (check all that apply)

Extension of acute treatment as indicated by ALL of the following:

- Partial response to treatment.
Please describe: _____
- Treatment is being re-evaluated and modified (i.e. switch from unilateral to bilateral lead placement, medication of stimulus parameters).
Indicate: _____

Maintenance request (check all that apply):

- Clinical determination that maintenance treatment needed to reduce risk of relapse
- Adjunctive pharmacotherapy optimized as indicated
- Sessions tapers from lowest frequency that maintains response
Indicate: _____

Documented member resistance to psychopharmacological agents demonstrated by:

Medication Name	Maximum Dose	Duration	Last Prescribed	Prescribing Physician